Yoga and Meditation Classes: Summer of Love
Celebrating 35 years of loving, learning, teaching yoga, movement, and embodied prayer

Mondays 6:30-7:45pm  June 13 - 27  3 week session $39
June 13 - 27  3 week session $39
August 1- 22  4 week session $52
August 1- 22  4 week session $52

Tuesdays 10:30-11:45am  June 7-28
&  July 5-26
5:30-6:45pm  August 2-23  each 4 week session $52
August 2-23  each 4 week session $52

*Wednesdays 6:30-7:45pm*  June 8-29
*new for summer *  July 6-27  each 4 week session $52
July 6-27  each 4 week session $52

Thursdays 10:30-11:45am  June 9-30
July 7-28
August 4-25  each 4 week session $52
August 4-25  each 4 week session $52

classes held in upstairs studio of Mathews Athletic Center, Wesleyan College
Single Class $15. Drop-ins are always welcome.

Private Sessions: Single $60  Two person $80  Three person $90

Private Group Sessions: $100 minimum

A private session gives you an opportunity to explore your specific interests or concerns. It will include interactive bodywork and integrative movement education through practices of yoga, joint mobility, breath, meditation, and energy healing. I love working with families, churches, schools, or professional groups and will travel to your location. My personal practice and training include 35 years of exploration in numerous lineages of yoga, meditation and prayer; 25 years of neurodevelopmental facilitation and education with a variety of populations; six years of study with Bonnie Bainbridge Cohen in Amherst, Massachusetts; and graduate studies in somatic psychology at the Naropa Institute in Boulder, Colorado. Additionally, my training for service includes an M.A. degree in Theology; ordination as a minister; and certifications with ongoing studies in massage, energy body healing, and botanical medicine. With deep appreciation for your continued support for work that is my passion and great love.

Molly M. Martín, M.A., Registered Movement Therapist
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